

2/10/2026
Prophetic
Nugget

THE GENUINE'S LIFE EVIDENCES OUR LORD JESUS

Run ALL The Bases To Be Spiritually Free

A Holy Spirit-guided & empowered way of life is promised in the New Covenant.



For the best spiritual benefit, please prayerfully discuss this Nugget with those with you on your faith pilgrimage.

Dear Friends in Christ Jesus our Lord,

Much of what we'll be referring to in this Nugget is found in our workbook, [*Demolishing Strongholds*](#), and in [*Lifebyte 73 Stop Toxic Thoughts— Replace Toxic Memories*](#). There's also a companion video series to the workbook, [*Demolishing Strongholds*](#), which is very helpful. In the workbook you discover a deeper understanding of the seven needs God created in every person: 1. *Dignity* 2. *Authority* 3. *Blessing and Provision* 4. *Security* 5. *Purpose and Meaning* 6. *Freedom and Boundary* 7. *Intimate Love & Companionship* (see pages 10-17 in the online workbook). It's important that each of these seven needs be met according to His Word.

A warning you should heed: When you attempt to meet any of your seven needs in a way that seems right to your mind, will, and emotions —your soul— but it's not God's way, you'll suffer severe consequences. One of these consequences is that you develop demonic strongholds in your soul in the areas in which you gave way to disobedience. A stronghold is a demonic fortress in your soul, housing evil spirits that:

- (A) control, dictate, and influence your attitudes and behavior;
- (B) oppress and discourage you;
- (C) filter and color how you view or react to situations, circumstances, or people.

There's a sinister process to you forming strongholds in your soul:

- 1) Satanic-inspired **THOUGHTS** are introduced into your mind.
- 2) Entertaining these thoughts brings on **EMOTIONS**.
- 3) Giving in to emotions eventually leads to taking some sort of **ACTION**.
- 4) Continual participation in this behavior causes you to develop a **HABIT**.
- 5) Once a habit is developed, a **STRONGHOLD** is built by that spirit.



When strongholds are present, you're usually unaware that the demonic-inspired thoughts and feelings are being whispered to you because they sound just like the "voice" in your head. At any time you can stop this process by taking those thoughts captive and bringing them into obedience to Jesus. But if you don't, the workbook reveals the symptoms these demons produce so you can recognize a demonic presence (see pages 41,42). When strongholds have been built in your mind, will and emotions, there are disastrous consequences:

- 😞 **Your Hearing from God is altered.**
- 😞 **Your Belief in God is shaken.**
- 😞 **Your Desires are distorted.**
- 😞 **Your Actions are disobedient.**
- 😞 **Your Relationships are demeaned.**

You may wonder why demons aren't addressed more often in Christianity since having authority over them in the Name of our Lord Jesus was the first power He gave to His followers (Luke 9:1; 10:17). The demons have done an effective job of maintaining anonymity since over 2/3 of Christians don't even believe the devil exists. One extremely naive pastor



**Demonic Strongholds Repulse
Both God's Truth & His Love**

declared, “There is no devil. Evil is only the absence of good.” And others in Christianity do believe there is a devil—but they refuse to believe that they can be affected by demonic spirits. Why? Erroneous translations of the Newer Testament describe those who are afflicted by evil spirits as being “demon-possessed.” Yet the Greek word translated in these instances, *daimonizomenoi* literally means “demonized” – afflicted or influenced in some degree by demons. The emphasis is more on degrees of influence or control than on total possession. Christians can have their souls afflicted this way. Later in this Nugget you’ll find anecdotes by Christians who’ve been freed from demons in the Name of Jesus.

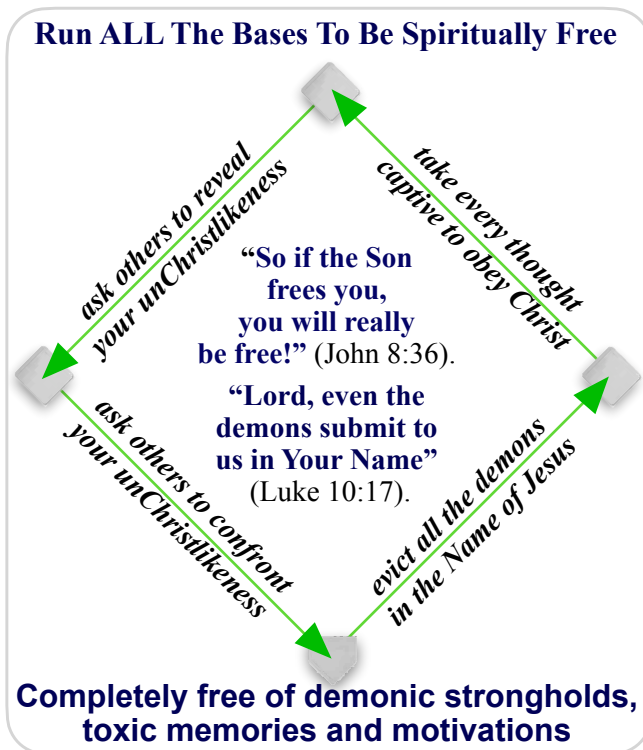
Run ALL The Bases To Be Spiritually Free (Don’t just stop after evicting the demons!)

As long as the **demonic strongholds** or the **toxic memories and motivations** which they produce remain in your mind, will and emotions, you won’t be able to experience all that our Lord Jesus promises His own. These not only block you from experiencing the love and truth of God, they are also relationship destroyers. To be completely free you must run ALL the bases. First, it’s essential that you personally “*evict all the demons in the Name of Jesus*” to deliver yourself. Studies have shown that when others do the evicting, the same strongholds will form again over 90% of the time. This is why it’s crucial for you to personally trust in the Name of Jesus to evict the demons.

Please heed this! Many who begin the process of freeing themselves from the demons in their soul stop at first base after evicting them. Eviction is the easy part because our Lord Jesus has given us the authority of His Name to do this. But there are still the toxic memories and motivations in your mind, will and emotions that must be transformed into Christ-like ones. Other people can be very helpful in revealing and confronting your unChristlike memories and motivations so you can replace them with Christlike attitudes and responses.

If you don’t press on into allowing others to confront you in order to help you develop Christ’s character and motivations, you will reestablish the process by which the same strongholds you previously evicted will form again. But this time your condition will be even worse. Take seriously our Lord Jesus’s warning, “*The last state of that person is worse than the first*” (see Luke 11:24-26). People in whom strongholds are re-established in their souls fail to recognize when they sin. And when you confront them about their sin, they bluntly respond, “**What’s wrong with it?**” or accuse you, “**You’re judgmental!**”

In Chapter 13 in the online workbook, “*Do This After You’ve Demolished the Strongholds*”, we discuss steps for you to take to transform the toxic memories and motives the demons left in your soul into **Christlike motives and responses**. The presence of toxic memories and motives hinders you from a heartfelt experience with our Lord. This is why the *genuinely* born again fervently pursue •being free of strongholds, and •transforming the toxicity. That’s because they have ♦an unwavering quest to be like our Lord Jesus in the world, ♦and loving



perseverance in fulfilling our Father's purposes to His glory. Again, to be completely free of demons requires your intense commitment to the Lord Whom you love and the help of others who care enough to confront you when you do slip back. (See the baseball diamond illustration).

Testimonies Of People Whom Our Lord Freed From Demons

† Matt: God had been drawing me closer to Him and causing me to want to know His word. I listened to the Bible on tape the whole way through and knew I wasn't living the way He wanted me to. I began crying out to Him to reveal Himself to me. Not long afterward, my roommate introduced me to his friend who was visiting from Guatemala, Dr. Herman Alb. When I met Dr. Alb I could tell he had what I was looking for. He had the Spirit of God in him and that's what I was looking for. Later my roommate and I went to Guatemala to see Dr. Alb and his family.

We were up late talking and Dr. Alb said he felt led to pray. "I want to pray for my brother Matthew and I come against the demons of his past generation and I command them to leave him." His prayer was answered. I had a physical manifestation of the spirits leaving me as Dr. Alb was continuing to pray. But he told me, "It isn't over yet."

A few days after I flew home I found a book called "Demolishing Strongholds" on our kitchen table. I picked up the book and couldn't put it down until I read the whole thing. A quote in the book said, "Once a man is deceived, he doesn't know he is deceived because he is deceived." This is what Dr. Alb had meant when he told me it wasn't over yet. I needed to repent from sins of sexual immorality and fear and insecurity. I exercised the name of Jesus against these spirits—and I became free to feel the fullness of God's love for me which I'd never felt before.

The next source of freedom I needed was from a longstanding spirit of bitterness especially toward my brother. I met Mike and Sue shortly after reading Demolishing Strongholds, and Mike confronted me about this spirit's influence on me. I wrestled through the rest of that night wanting to know why I was clinging to this spirit. When I woke up, it was like Jesus was right there. In my spirit, He said, "Matthew, I forgave you before you were even born. What audacity do you have not to forgive your own brother?" Wow....that crushed me. I wept and called my brother to ask forgiveness for my bitter attitude toward him over all these years. He replied, "Only if you forgive me for what I did." What complete healing for both of us! I'm so very thankful for that mutual humility to ask and extend forgiveness from our hearts, because my brother died just a year later. I can earnestly say that breaking free from strongholds and staying free is a crucial part of my ongoing pilgrimage with Jesus as my Lord.

† Here's "Kristen's" account of the stronghold of anger which had imprisoned her for so long. "For years I'd been haunted by childhood memories which produced deep-seated anger in my heart. Whenever I thought about my father, all I could think of was that he spanked me so often when I did wrong. That one painful perception filtered out any happy memories of him. One afternoon I decided to get to the bottom of this. I sat down with both my parents and brought up my ongoing anger about all those spankings. Dad and Mom were astonished! In fact Dad told me that only once did he ever spank me, and that single time hurt his heart so much that he never spanked me again!

But that one episode humiliated me so much that I allowed the lie of "frequent spanking" to replace the truth of "one spanking". I then confessed to Dad and Mom that I'd been held captive by a bitter, angry spirit that influenced me to keep an emotional distance especially from Dad. After I renounced that spirit in the name of Jesus, I broke down in tears and asked them both to forgive me for having given way to that lying angry spirit all that time. It felt so great to be able to start on clean new footing with the Dad I loved!"

† "Rob" offered this testimony about how a spirit of rejection had dominated his life. "I knew

I was popular among my friends though I wasn't sure why. But often my emotions were plagued by the memory of my Mom's words which she often told other people about me: "When you were born, I cursed when I found out you weren't the girl baby I'd wanted so much." To top it off, I was often sick, which only added to my sense of feeling rejected. As I got older I tried to dull the pain by drinking and by being friendly to everyone I met in the hope they'd accept me.

Then I found out that this lifelong filter of rejection was actually a stronghold in my mind, convincing me that I needed to be the life of the party or people would reject me. So in the name of Jesus I renounced this spirit and its effect on my life. Then I earnestly sought the Holy Spirit to fill me with assurance of God's love and acceptance of me. I was immediately filled with overwhelming praise to my heavenly Father as I realized that the righteousness of Christ in me was the only acceptance I needed! And from then on I found I could still joyfully greet other people but not have to depend on them for acceptance.

† "Sam's" painful childhood led him into decades of giving way to the voices of fear and insecurity in his mind. "My Dad had been a successful businessman and I never lacked anything. But when I was in my mid-teens my father died suddenly, and we were left with little to live on. It was during that time that fear and security got a foothold in my life, impacting my thoughts and feelings to such an extent that I vowed I'd never be poor again! I was able to start a business that became successful, but I also made a lot of enemies along the way. I was never satisfied with my employees' performance — and I let them know it. On top of that, I became consumed with making more and more money, so much so that it became a stronghold of idolatry in me. My wife and I argued about money all the time, especially with me getting angry about how much she was spending of "my" money. And I was close-fisted with my finances at work too. No one was willing to confront me even though I often claimed to be a Christian.

But then our Father allowed me to see how far I was straying from His goal of putting Him first in my life. My marriage disintegrated and my business started to go under. I finally realized that God was humbling me. In the name of Jesus I renounced the spirits of fear and insecurity and idolatry that had made money my idol and had shaped my distrust that God would meet my needs. The Holy Spirit convicted me of the sins and hurt that I'd caused so many people. And right then I purposed to approach each person to ask their forgiveness and make restitution when necessary. Plus I've really appreciated my fellowship family in Jesus who've helped me stay on track when they see me tempted to go back to my old insecure ways. It's my daily goal now to make my priorities my relationship with my Lord, my family, my faith family and then my business. What a change!"

For further testimonies and insights into demons and strongholds, be blessed by reading:

† Mike's testimony on pages 12-16 in the [*Demolishing Strongholds*](#) online workbook.

† Sue's testimony on pages 50-51 in the [*Demolishing Strongholds*](#) online workbook.

† Prophetic Insight 7/2/2024: [*How My Lord Revealed The Reality Of Demons*](#)

† Saga 13, [*Kingdom Living Today Addenda*](#)

Finally, when you begin to evict these demonic spirits, complete the eviction as quickly as possible. If you delay, the demons will gather others to oppress, discourage and even get you to quit. And keep reminding yourself of the larger goal of evicting the demons: ✓That you can clearly understand and apply God's Word without demonic filtering. And, ✓You can become more like our Lord Jesus with His character qualities and His motivation to fulfill Father's purposes to His glory. Satan and his demons fiercely oppose you from achieving these two goals. But living free of these voices enables you to hear only the voice of the Holy Spirit!